Barbados National Triathlon (Sunday 22nd October 2023)
Location: Mighty Gryner Hwy

Olympic Distance (Males)

Position	Gender	Athlete First Name	Athlete Last Name	Country	Start Number	Swim	T1	Bike	T2	Run	Total Time
1	M	Oein	Josiah	BAR	21	0:28:01	0:00:28	1:09:29	0:00:22	0:43:11	**2:21:31**
2	M	Nuno	Ventura	BAR	24	0:27:23	0:00:33	1:11:47	0:01:16	0:46:24	**2:27:23**
3	M	Benjamin	Russell-Smith	GBR	22	0:28:55	0:00:43	1:11:02	0:01:03	0:46:56	**2:28:39**
4	M	Gregory	Austin	BAR	17	0:27:44	0:00:41	1:07:57	0:00:39	0:51:51	**2:28:52**
5	M	Jean-Marc	Granderson	TTO	19	0:23:05	0:00:25	1:08:25	0:00:19	1:06:26	**2:38:40**
8	M	Jason	Edwards	BAR	18	0:33:16	0:00:39	1:17:35	0:01:23	0:55:50	**2:48:43**
9	M	David	Armstrong	BAR	16	0:33:22	0:01:52	1:18:50	0:02:07	0:53:55	**2:50:06**
10	M	David	Thomas	BAR	23	0:43:25	0:01:31	1:38:45	0:01:54	1:17:05	**3:42:40**

Olympic Distance (Females)

Position	Gender	Athlete First Name	Athlete Last Name	Country	Start Number	Swim	T1	Bike	T2	Run	Total Time
1	F	Lindsay	Russell-Smith	GBR	14	0:33:30	0:00:26	1:17:12	0:00:47	0:47:52	**2:39:47**
2	F	Amy	Cox	BAR	10	0:29:08	0:00:42	1:13:55	0:00:40	0:58:45	**2:43:10**
3	F	Catherine	Fox	BAR	11	0:26:49	0:00:59	1:34:01	0:01:02	1:02:06	**3:04:57**
4	F	Emma	Whitehall	CAN	15	0:41:27	0:01:37	1:26:55	0:01:18	1:06:53	**3:18:10**
5	F	Nadiya	Gower-de-Chabert	TTO	12	0:41:20	0:02:03	1:46:04	0:01:24	1:17:47	**3:48:38**

Barbados National Triathlon (Sunday 22nd October 2023)
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Sprint Distance (Males)

Position	Gender	Athlete First Name	Athlete Last Name	Country	Start Number	Swim	T1	Bike	T2	Run	Total Time
1	M	James	Castagne-Hay	TTO	47	0:12:12	0:00:34	0:36:10	0:00:32	0:22:14	**1:11:42**
2	M	Noah	Teixeira	TTO	63	0:14:20	0:00:42	0:34:37	0:01:06	0:21:48	**1:12:33**
3	M	Richard	Young	BAR	65	0:17:20	0:01:04	0:37:44	0:01:02	0:22:03	**1:19:13**
4	M	Matthew	Lashley	BAR	54	0:11:26	0:00:24	0:44:18	0:00:37	0:22:48	**1:19:33**
5	M	Dexter	Ali	TTO	44	0:18:49	0:00:57	0:37:53	0:00:59	0:24:03	**1:22:41**
6	M	Shadrach	Granger	TTO	51	0:17:11	0:00:48	0:40:15	0:00:59	0:26:43	**1:25:56**
7	M	Douglas	Hay	TTO	53	0:17:08	0:00:59	0:40:23	0:00:47	0:27:12	**1:26:29**
8	M	Philip	Lewis	BAR	56	0:20:20	0:01:08	0:40:19	0:00:51	0:28:25	**1:31:03**
9	M	Alexei	Skarine	CAN	60	0:18:45	0:01:21	0:42:15	0:01:13	0:30:06	**1:33:40**
10	M	Joseph	Lewis	BAR	55	0:17:20	0:01:10	0:42:44	0:00:54	0:32:28	**1:34:36**
11	M	Lorenzo	Bonduelle	BAR	46	0:20:00	0:00:19	0:43:08	0:01:36	0:31:07	**1:36:10**
12	M	Roger	Gomes	TTO	50	0:18:49	0:01:39	0:45:34	0:01:00	0:35:32	**1:42:34**
13	M	Andrew	Skeete	BAR	61	0:21:12	0:01:09	0:45:24	0:00:50	0:35:50	**1:44:25**
14	M	Verstraeten	Olivier	BAR	102	0:19:06	0:01:19	0:49:38	0:02:03	0:32:42	**1:44:48**
15	M	Alan	Smith	BAR	62	0:16:57	0:01:11	0:45:47	0:01:22	0:41:07	**1:46:24**
16	M	Andrew		BAR	48	0:17:25	0:01:33	0:43:59	0:01:22	0:42:38	**1:46:57**
17	M	Mark	Hassell	BAR	52	0:18:49	0:01:49	0:49:57	0:01:06	0:35:45	**1:47:26**
18	M	Leonard	Birmingham	TTO	45	0:19:41	0:01:13	0:51:08	0:01:20	0:42:51	**1:56:13**
19	M	Burkley	Lowe	BAR	57	0:24:41	0:01:53	0:43:27	0:01:59	0:44:18	**1:56:18**
20	M	Joseph	Timothy	BAR	64	0:22:27	0:03:11	0:54:38	0:01:04	0:40:35	**2:01:55**
21	M	Kevin	Ramcharan	TTO	59	0:20:11	0:01:14	0:51:00	0:01:31	0:51:32	**2:05:28**
22	M	Johann	Mendoza	TTO	58	0:23:20	0:01:18	0:59:42	0:01:34	0:40:29	**2:06:23**

Barbados National Triathlon (Sunday 22nd October 2023)
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Sprint Distance (Females)

Position	Gender	Athlete First Name	Athlete Last Name	Country	Start Number	Swim	T1	Bike	T2	Run	Total Time
1	F	Isis	Gaskin	BAR	31	0:13:02	0:00:22	0:37:06	0:00:23	0:22:11	**1:13:04**
2	F	Angela	Bayne	TTO	25	0:15:29	0:00:55	0:52:21	0:00:49	0:25:37	**1:21:00**
3	F	Alana	Lee Wo	TTO	37	0:18:41	0:01:00	0:36:40	0:00:49	0:27:07	**1:24:17**
4	F	Jenae-Marie	Price	TTO	39	0:14:09	0:00:53	0:44:42	0:00:31	0:29:15	**1:29:30**
5	F	Celine	Lee	TTO	36	0:18:47	0:01:11	0:43:02	0:01:03	0:31:14	**1:35:17**
6	F	Janelle	Clarke	BAR	30	0:21:19	0:01:20	0:41:21	0:00:53	0:30:54	**1:35:47**
7	F	Christine	Choy	BAR	29	0:19:13	0:01:38	0:48:28	0:01:05	0:35:28	**1:45:52**
8	F	Kristy	Ramsumair	TTO	42	0:23:06	0:01:48	0:46:26	0:02:18	0:34:29	**1:48:07**
9	F	Ana-Leticia	Ramírez-Cuevas	TTO	40	0:16:44	0:01:11	0:46:35	0:01:25	0:43:22	**1:49:17**
10	F	Anjelica	Catling	BAR	26	0:21:11	0:01:10	1:06:15	0:00:45	0:43:04	**1:52:34**
11	F	Leanda	Gittens	BAR	32	0:23:45	0:01:58	0:49:50	0:01:21	0:38:57	**1:55:51**
12	F	Riana	Harrinauth	TTO	35	0:19:20	0:01:13	0:50:17	0:01:14	0:45:31	**1:57:35**
13	F	Ayesha	Harewood	BAR	33	0:27:16	0:00:49	0:52:24	0:00:30	0:40:42	**2:01:41**
14	F	Vera	Ramsaran	TTO	41	0:23:59	0:02:44	0:54:56	0:01:22	0:44:19	**2:07:20**
15	F	Shamine	Chainani	TTO	27	0:26:34	0:01:55	1:00:07	0:01:19	0:39:48	**2:09:43**
16	F	R		TTO	34	0:26:00	0:02:09	1:03:35	0:01:42	0:52:50	**2:26:16**
DNF	F	Remi	Soyombo	BAR	43	0:26:19	0:01:21				